

The Do-Do Problem | Romans 7:4-25

- 1. Discuss the historical and cultural context which Paul is speaking into in Romans. How do these thoughts help you grasp more fully the content of Romans 7?
- 2. What, do you think, is the main theme or subject of Romans 7?
- 3. In Romans 7:14-20, Paul describes a struggle with sin. Can you identify with this internal conflict? How does it manifest in your life and what emotions does it generate within?
- 4. What is Paul trying to convey about the nature of sin in these verses?
- 5. How does this section relate to your understanding of human nature and the Christian walk?
- 6. How does Paul discuss the relationship between the law and sin in Romans 7:7-12?
- 7. What role does the law play in our awareness of sin? Do we still need the laws of our land today to make us aware of our sin? In what ways does the law help or hinder our pursuit of righteousness?
- 8. Romans 7:24-25 expresses a sense of desperation but also hope. How does Paul find hope in this chapter? How does the gospel and the work of Jesus Christ relate to the struggle with sin described in Romans 7?
- 9. Can you think of a time what you've not wanted to dwell in Romans 7-thinking because you know that Romans 8 is coming? Why is it good to recognise the seriousness of our sin?
- 10. What practical lessons can we draw from Romans 7 for our daily Christian walk? How can we maintain a balance between recognizing our struggle with sin and living in the freedom and hope of Christ?
- 11. Are there specific areas of your life where you need to surrender more fully to Christ's work in overcoming sin?
- 12. Take some time to reflect on your own journey of faith. Have you experienced the struggle with sin described in Romans 7? How have you seen God's grace at work in your life?



What did you discover about God in this passage? What did you discover about people in this passage? How will you commit to obey this passage this week? With whom will you share what you have learned?

