

Therefore Freedom | Romans 8:1-11

- 1. What stood out to you about this text? What was most confusing? What was most helpful or meaningful?
- 2. Discuss a definition for the word condemnation. What does the word condemnation mean to you? Are there things over the last few weeks, that have caused you to feel under condemnation? Share if you feel able.
- 3. Read Rom. 7:21-25. How does it help you understand Rom. 8:1-4? How do they relate?
- 4. What does being "in Christ Jesus" have to do with our not being condemned? (See Romans 6:11, 6:23, 8:34, 2 Cor. 5:21) Why do you think we often feel condemnation, not freedom, in our lives? How does this text give you hope when we feel like we are failures, frustrated with our sin?
- 5. What does it mean to set one's mind on the things of the Spirit v5? see also Galatians 5:24. & Colossians 3:2-4. In what ways does the Spirit 'control' our minds v6? Why can't those in the flesh please God v7-8?
- 6. If you feel comfortable share examples from a couple of important areas of your life the contrast between what it would mean to 1.set your mind on the flesh and 2.set your mind on the Spirit.
- 7. How do the following passages encourage us to think according to the Spirit? Mark 8:31-34; Col. 3:1-4; Phil. 4:8. How can you aim to have 'a mind controlled by the Spirit' into practice in the week ahead?
- 8. How can the Spirit's freeing work in your life be a source of encouragement to you?
- 9. 'Therefore, there is NOW NO CONDEMNATION for those who are IN CHRIST.' Spend time praying together that we will live in the wonderful truth of our freedom that comes from our status in Christ and His Spirit at work in us.



What did you discover about God in this passage? What did you discover about people in this passage? How will you commit to obey this passage this week? With whom will you share what you have learned?

