

# FAMILY PRAYER ACTIVITY



## BIBLE READING

Deuteronomy 13:4 (NIV)

It is the Lord your God you must follow, and him you must revere. Keep his commands and obey him; serve him and hold fast to him.

## PRAYER

Dear Lord,

Help us always to remember that you know that there will be time when we find it hard to follow you. Help us understand what it means to follow you.

Help us never to give up, to keep trying, for you are with us. You understand and love us, you only want the best for us. You are cheering us on all the time. Help us to follow you every day.

Amen.

## ACTIVITY

Balloons Up::

Give each child a balloon, blow up the balloon and tie the balloon. Ask the children to count how many times they are able to keep the balloon up in the air without it falling on the ground. Give a set time for this activity, and at the end share the totals.

Following Jesus is hard at times and there will be moments when we have to concentrate very hard to listen to the Lord and keep trying our best to follow him. When we are trying to keep the balloon up, everybody finds it different -sometimes it's easy and sometimes it's hard. But we must never give up trying.