## FAMILY PRAYER ACTIVITY



## BIBLE READING

Psalm 103:1-2 (NLT)

Let all that I am praise the Lord: with my whole heart, I will praise his holy name. Let all that I am praise the Lord; may I never forget the good things he does for me.

## PRAYER

Dear Lord,

Thank you that you listen to us even if we whisper. Thank you that you hear the words of our heart and the words that we are thinking. We praise your holy name, for you are good and do good things. Help us to remember we can praise your name in our hearts too.

Amen

## ACTIVITY

Chinese Whispers

Ask everyone to stand in a circle. Suggest you are going to play Chinese Whispers. Choose someone to start and ask them to think of something nice to whisper. Play the game until everyone has had a turn.

Sometimes it is not about shouting and telling everyone all the time. Sometimes it is about sitting quietly whispering our praise to God. Sometimes it is good just to sit with a friend and quietly chat about all the good things God has done and can do, knowing that he knows our hearts.